



ACCELERATING THE IMPLEMENTATION OF SUSTAINABLE DEVELOPMENT IN CAMPUS ACTIVITIES AND PROGRAMMES

A Coruña, Spain, 2nd-3rd December 2019

**Manual of good sustainable, responsible and supportive practices
for the symposium.**

What can I do as a participant?

- Use public and/or shared transport for my trips.
- Avoid printing messages received by email.
- Sort and deposit my waste in the appropriate containers.
- Fill my water bottle using the pumps at the congress site.
- At the hotel, ask for my sheets and towels not to be changed every day.
- Turn off the lights, the TV, the air conditioning and/or the heating devices when leaving my room at the hotel.
- Return my credentials to the place provided (Reception), at the end of the congress.
- Buy souvenirs or gifts that come from local commerce.
- Do not overfill my food plate in order to diminish leftovers.
- Reduce my consumption.