



UNIVERSIDADE DA CORUÑA



picture by Oscar Blanco

University of A Coruña
International Staff Week 8-12 May 2017

Dear colleagues,

It is our pleasure to receive you in the Third International Staff Week organized by the University of A Coruña.

The UDC, founded in 1989, has more than 20,000 students, 1400 teachers and 24 centres offering degrees in almost any discipline and levels including Health and Experimental Sciences, Humanities, Social and Juridical Sciences or Technologies and Engineering.

It is a truly International University with a continued increment in the number of students and more than 120 teachers and staff who take part in mobility programmes. We receive more than 600 students every year from different countries, and more than 500 our students participate in different mobility programmes.

This guide will provide you useful information for the International Staff Week. Please feel free to contact us if you have any additional questions concerning the event.

We are looking forward to welcoming you in A Coruña!

Best Regards,
International UDC Team

Table of Contents

DESCRIPTION AND SITUATION OF THE UDC	4
INSTITUTIONAL INFORMATION.....	5
INTERNATIONAL RELATIONS OFFICE	6
ACCOMODATION.....	7
HOW TO GET THERE	8

DESCRIPTION AND SITUATION OF THE UDC

The University of A Coruña (UDC) was founded in 1989. It is a public institution which aims is to obtain the highest degree of social wellbeing through social, scientific and technological advancement. In accordance with this principle of public service, the UDC conceives as one of its missions to form open, cultured, critical, committed, democratic and supportive citizens. Hence the openness and collaboration with other cultures is one of its fundamental commitments.

The University of A Coruña has 24 Centres which offer bachelor, master and doctoral programmes in Technological Science, Health and Experimental Sciences, Humanities, Social and Juridical Sciences. The academic offer is completed with a Language Centre which satisfies the needs of languages within the university community. As regards to research, the University has three technological centres endowed with outstanding instruments and equipment at an European level, one office devoted to research transfer results and support to research, in close relation to management and industrial world.

It is divided into two main campuses, one in the city of A Coruña (including the campuses of A Zapateira, Elviña, Oza and Riazor), and another at the city of Ferrol (including Campus of Esteiro and Campus of Serantes). For more information on the location of the different campuses, look at the Web page <http://www.udc.es/sobreUDC/localizacion>. Both cities are located in the North West corner of Spain, on the Atlantic coast. They have a very benign climate with mild temperatures being the average in summer is 21, 5°C and in winter 10, 8°C.

The city of A Coruña (<http://www.turismocoruna.com>) is at the same time a historic coastal city, of great importance already in the Roman times, and a modern and very cosmopolitan city of over 250.000 inhabitants. It is an industrial and service city, center of a bigger metropolitan area. The symbol of the city is the well-known lighthouse called "Torre de Hércules" which is the only roman lighthouse still functioning nowadays. It was declared World Heritage by UNESCO in 2009.

The easiest way to get to A Coruña is by plane. The Alvedro airport is just 15 minutes away from the city by car.

The city of Ferrol (<http://www.ferrol.es/>) is 30 minutes by car from A Coruña. Ferrol has more than 80.000 inhabitants and it represents the neurological, commercial and industrial centre of one of the most densely populated areas of Galicia. The characteristics of its maritime location make it a strategic place, and that is why the campus of Ferrol stands out because of naval studies.

Both are cities to walk, with very active downtown centres with cafes, pubs, large pedestrian walks, shops, etc. that make them ideal to easily get integrated into the daily life of their inhabitants.

INSTITUTIONAL INFORMATION

Full legal Name of Institution	Universidade da Coruña (UDC)
Erasmus Code	E LA-CORU01
Erasmus University Charter	28678-IC-1-2007-1-ES-ERASMUS-EUCX-1
Postal Address	Rectorado - A Maestranza nº 9 – 15001 A Coruña - ESPAÑA
Telephone	+ 34 981 167000
Fax	+ 34 981 167013
Rector	Prof. Julio Abalde Alonso
Web page	http://www.udc.es

INTERNATIONAL RELATIONS OFFICE

Address	Oficina de Relaciones Internacionales O Lagar - Campus de Elviña – 15071 A Coruña. SPAIN
Telephone	+ 34 981 167000
Fax	+ 34 981 167013
Web page	http://international.udc.es

CONTACT DETAILS

Campus Coruña

Head International Office	Begoña Crespo E-mail: erasmus@udc.es
Mobility Coordinator	Sandra King Gouyer E-mail: rrii@udc.es
International Summer School Coordinator	Diego Varela E-mail: dvarela@udc.es
International Agreements	Ana López Pampin Email: iro@udc.es
Incoming mobilities	Paula Porto / Flor Lema E-mail: incoming.rrii@udc.es
Outgoing mobilities	Ana Alonso / María Isabel Porto E-mail: outgoing.rrii@udc.es
Visiting mobilities / International Summer School	Inés Fernández Pita Email: ori1@udc.es
Economic Management	Susana Castro Nodar Email: ori@udc.es

Campus Ferrol

Outgoing/Incoming mobilities	Ana Pérez Ramos Edif. Apoyo al estudio – Campus Esteiro. Ferrol Tel.: + 34 981 167000 Ext. 3634 E-mail: riferrol@udc.es
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ACCOMODATION

Find below some hotels well-located in the city centre We highly recommend participants the following hotels located in the City Center, next to the mainly meeting point for the Staff Week:

Accommodation during the International Staff Week must be arranged by the participants so please, contact directly to the preferred hotel to book your room.

Hotel Zenit (**)**

C/ Comandante Fontanes, 19 –A. 15003 A Coruña (Spain)

Tel: + 34 981 218 484

Fax: +34 981 204 040

<http://coruna.zenithoteles.com/>

reservascoruna@zenithoteles.com

Hotel Riazor (*)**

Avda. Barrié de la Maza, 29. 15004 A Coruña (Spain)

Tel: +34 981 253 400

Fax: +34981 253 404

<http://www.riazorhotel.com>

reservas@riazorhotel.com

Hotel Maycar ()**

C/ San Andrés, 159 15003 A Coruña (Spain)

Tel: +34 981 226 000

Fax: 981 229 208

<http://www.hotelmaycar.com>

hotelmaycar@mundo-r.com

Hotel Sol ()**

C/ Sol, 10. 15003 A Coruña (Spain)

Tel: +34 981 210 362

<http://www.hotelsolcoruna.com>

reservas@hotelsolcoruna.com

HOW TO GET

By plane

Alvedro Airport

Tel: +34 981 187 200

Distance from A Coruña city centre: 8 km (15 minutes by car)

There are buses from the airport to the City Centre (1,50 €)

- Monday to Friday: from 07.15 to 21.45 (every half an hour)
- Saturday: from 08.00 to 22.00 (every hour)
- Sundays: from 08.30 to 22.30 (every hour)

Lavacolla Airport

Tel: +34 981 547 500

Located in Santiago de Compostela

Distance from A Coruña city centre - 65 km. (40 minutes by car). There are buses and taxis to reach from Lavacolla airport to A Coruña

Barajas Adolfo Suarez Airport (Madrid)

Distance from A Coruña/Madrid - 590 km. (6 hours by car)

There are trains and buses to reach from Madrid to A Coruña/Ferrol. Check train schedules at: <http://www.renfe.es> and buses at: <http://www.alsa.es/>

By train:

Train stations are located in the city of A Coruña and Ferrol. Please check the timetables on the web site of the train company at <http://www.renfe.es/>

The first station you can get in Spain when coming from Europe is "Hendaya". From Hendaya to A Coruña/Ferrol, there is a 12 hours trip.